

专访 CAPA-MC 现任主席许鹏： 十年同行，让社区成为孩子成长的“村庄”

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在象征着活力、热情与成功的火马年来之际，蒙郡华裔家长联盟 Chinese American Parents Association of Montgomery County (CAPA-MC) 也迎来了成立十周年的重要时刻。近日，CAPA-MC 现任主席许鹏 (Vivian Xu) 接受采访，回顾了组织从最初的草根倡议，到如今成长为大华府地区重要华裔社区平台的发展历程。

“CAPA 最开始，其实只是几位家长的一个想法。”许鹏回忆道。创始初期，几位成员每人捐出五十美元，希望能够“放大我们的声音，让我们不仅能为自己的孩子发声，也能为整个社区争取权益。”

十年前，CAPA 主要关注 Magnet Program (磁校项目) 以及 Gifted and Talented (资优教育) 项目中的教育公平问题。随着越来越多家庭参与其中，组织逐渐从一个单纯的教育倡导团体，发展成为今天这个充满活力的志愿者“村庄”。

如今，CAPA 旗下已拥有十八个各具特色、由学生主导的俱乐部和项目。在许鹏看来，CAPA 更像是一把“保护伞”。“组织提供的是平台、标准和支持，但真正推动项目不断成长的，其实是学生们自己的热情、兴趣与创造力。”

她认为，社区最重要的价值之一，就是为年轻人提供一个能够“真正实践领导力”的舞台。相比课堂上的理论学习，真实的社区活动更能帮助学生学会沟通、协作、组织与责任感。

然而，一个完全依靠志愿者运营、没有任何全职员工的组织，要长期稳定发展并不容易。对此，许鹏深有感触。“没有人是因为职位而必须听你，大家之所以愿意投入时

间和精力，是因为认同共同的使命。”她说，“而这，恰恰是真正领导力最重要的部分。”

她回忆，CAPA 成立初期，成员们不断摸索彼此的角色、建立章程、学习如何协作。经过十年的积累，如今整个团队已经形成了高度默契，组织运作也更加成熟稳定。

谈到未来，许鹏特别提到了人工智能快速发展所带来的挑战与机遇。她认为，“Agentic AI (智能代理型人工智能)”正在深刻改变年轻人的学习与工作方式。像 Gemini、Claude 这样的 AI 工具，已经能够在短时间内完成大量过去需要人工整理的工作，例如快速总结一次社区会议中的数百条意见反馈。但她也强调，AI 并不能取代人的创造力与判断力。“AI 可以告诉你如何完成一件事情，但它未必能够告诉你，从零到一的方向在哪里。”因此，她始终鼓励学生保持独立思考，学会利用科技去解决真实世界中的问题，而不是让科技替代自己的思考能力。“未来真正重要的，不只是掌握技术，而是你如何思考、如何创造、如何面对变化。”她说。

采访最后，许鹏谈到了自己十年来最大的收获。相比组织规模的扩大，她更欣慰的是，能够亲眼看到越来越多年轻人在社区中成长、自信地表达自己，并逐渐开始承担责任、服务他人。“看着你们成长，真的是一件特别美好的事情。”她微笑着说道。她也再次提到那句自己始终相信的话：“It takes a village to raise a child.” (养育一个孩子，需要整个村庄的力量。) 而如今的 CAPA-MC，正在努力成为这个“村庄”。

As the community rings in the Year of the Fire Horse — symbolizing an abundance of

energy and success — Vivian Xu, President of the Chinese American Parents Association of Montgomery County (CAPA-MC), reflects on a decade of grassroots empowerment that began with a group of founding members who each donated fifty dollars to “amplify our voice so we can advocate for our kids and also for our community.” What started as a small advocacy group focused on academic success in Magnet and Gifted and Talented programs has blossomed into a sophisticated volunteer “village” that now anchors fifteen unique student-led clubs, including SEEDS for special education, Thrive for mental health, and the Junior Reporter Club. Xu describes the organization as an umbrella that provides high standards and support while allowing students to drive their own unique interests, ensuring that the next generation has a “stage to exercise and practice [their] leadership” through hands-on experience. Operating an organization with no paid staff presents unique organizational challenges, but Xu believes that leading volunteers without traditional authority is the mark of “true leadership” because it relies entirely on a shared mission and mutual respect. She recalls the early phases of the organization, where members had to find their roles and create bylaws, but notes that after ten years, the “dust has already settled” and the team functions as a seamless unit. Looking toward the next decade, Xu aims to build a professional pipeline that supports students far beyond their high school graduation, helping

them navigate an ever-changing environment dominated by rapid technological shifts. She specifically points to the rise of “agentic AI” as a transformative force, emphasizing that while tools like Gemini or Claude can act as powerful assistants for tasks like summarizing five hundred sticky notes from a town hall meeting in minutes. She notes, however, that “AI can only tell you how to do things, but AI probably cannot tell you the directions from zero to one.” She encourages students to remain creative and use technology to solve real-world problems rather than letting it replace their critical thinking. By focusing on “AI for good” and workforce development, she hopes to prepare the youth for a future where their mindset is their greatest asset. Ultimately, Xu remains most proud of the personal growth she witnesses in the community every day, concluding that “it’s really great to watch you grow.” She notes that it truly takes a village to raise a child and that CAPA-MC has become that village for hundreds of local families.

本文由美国蒙郡华人家长会少年记者俱乐部 (CAPA JRC) 成员采写。小记者俱乐部是由蒙郡高初中学生创建的双语平台，以传递信息，为社区服务为宗旨。

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<https://jrc.capamc.org/>
<https://www.youtube.com/channel/UCA0gy1W1ZCcgDvDiLayObbA>

为社区发声，我们需要自己的组织 ——CAPA-MC 十周年之际，JRC 小记者专访创始人周定美

记者: Leo, Nathan, Alex Yu

在蒙郡华裔家长联盟 Chinese American Parents Association of Montgomery County (CAPA-MC) 2016 年成立，至今已经有十年时间。回顾十年发展历程，CAPA 创始成员之一的周定美感触良多。日前，她接受了 CAPA-MC Junior Reporter Club (JRC) 小记者对她的专访。

作为大华府地区华裔社区的重要倡导者，周定美长期致力于推动家长参与教育、培养青少年领导力以及促进亚裔社区公共参与。她出生于中国，1998 年移民美国。多次跨文化迁移的经历，让她深刻体会到新移民在语言、文化与社会融入方面所面临的挑战。

周定美说，小时候，她曾随家人从内地搬到香港，是她第一次面对不同的文化和语言。后来，在 1998 年当丈夫说服她移居美国时，她虽然心有不舍，还是决定再次从头开始。刚搬到美国时，她深深体会到了“局外人”的感觉。安顿下来并取得学位后，她与丈夫在马里兰州蒙哥马利县建立了家庭。后来，她的孩子也在 MCPS (蒙郡公立学校系统) 上学。

有一天，她得知 MCPS 教育委员会正在考虑将“磁校项目 (Magnet Program)”的录取方式，从考试选拔改为抽签制度。这是因为

教育委员会发现，磁校项目中的学生大多是亚裔。为了实现所谓的“多元化”，他们计划引入抽签制度。

当华人社区试图就此向教育委员会表达反对意见时，他们意识到，自己在决策过程中几乎没有发言权。原因在于，在中国，学校“会把一切都安排好”；而在美国，你必须学会为自己和自己的社区发声、争取权益。周定美说，当时的华人社区非常“安静”。

“我们只是把孩子送去上学，但我们却像隐形人一样。我们没有参加听证会，也没有出席各种活动，没有让他们真正了解我们的社区。所以当他们做报告时，他们根本不知道这个社区的存在。”

由于华人社区在为自身权益发声方面起步较晚，他们在接下来的几个月里还有很多东西需要学习。“我们开始意识到，我们需要一个组织。CAPA 就是在那个时候诞生的。”在这样的背景下，她与几位家长共同创立了 CAPA，希望帮助华裔家庭更积极地参与社区事务，并为下一代创造更加公平、多元的发展环境。

如今，经过十年的发展，CAPA-MC 从最初一个关注 Magnet 与 Gifted and Talented 项目公平机会的小型家长组织，已经逐渐成长

为一个覆盖教育、公益、文化与青少年发展的社区平台。目前，CAPA 旗下拥有十八个学生主导的俱乐部与项目，包括关注特殊教育的 SEEDS、关注心理健康的 Thrive，以及 Junior Reporter Club (JRC) 等。

Born in China, former CAPA president Ting Mei Chau experienced being an outsider when she moved to America in 1998. When she was still a child, she moved to Hong Kong from mainland China, which meant a different culture and different language. When her husband convinced her to move to the US, she reluctantly agreed to start over again. After settling and getting a degree, she and her husband started a family in Montgomery County, MD. Later, she had a kid going to an MCPS school.

One day, she saw that the MCPS board of education was considering changing the Magnet program from a test-based entry to a lottery system. This was because the board of education saw that the Magnet program consisted of mostly Asian students. In an effort to diversify the program, they planned to introduce a lottery system. When the Chinese community tried to complain about this to the

board, they realized that they had little voice in the decision-making. This was because in China, the schools “took care of everything,” while in the U.S., you had to learn how to advocate for yourself and your community. Mei stated that the community was “quiet.” You just send the kids to school but we were invisible. “We were not participating in testimonies, we were not going to all the events, we were not letting them know so when they do the report, they never really know that the community exists.” Since the Chinese community was behind the curve in terms of advocating for their community, they had a lot to learn in future months.

“We started thinking we needed an organization. That’s when CAPA was born.”

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