



华府青年2026夏季爱心捐赠活动：青年在行动，爱心在传递

By Ruichen feng

2026年5月24日，Capital Youth Outreach Club (CYOC) 在 Wootton High School 成功举办了2026夏季爱心捐赠活动。最初，这项活动只是一个简单的想法：鼓励青少年和家庭整理家中闲置但仍完好的物品，让它们重新发挥价值，帮助更多有需要的人。而最终，这个想法逐渐发展成为一次凝聚社区力量、充满爱心、合作与温暖的大型公益行动。今年的捐赠活动取得了远超预期的成果。共有46名学生志愿者参与了活动的策划、组织、宣传、收集、分类及运输工作，同时得到了60多个家庭和当地小型企业的大力支持。他们不仅积极捐赠物资，也帮助活动在社区内传播和推广，让更多人加入到爱心行动中。

在大家共同努力下，我们共募集到8000余件衣物、玩具、书籍及家庭生活用品，125双鞋子，50余副眼镜。每一件捐赠物品所承载的，都不仅仅是一件实物，更是一份关怀、一份善意，以及帮助他人的真诚心意。

从微小行动到深远影响

策划此次活动的初衷其实很简单。许多家庭的衣柜、书架、储物间里，都存放着一些已经不再使用，但仍然完好且有价值的物品。与其让它们闲置甚至被丢弃，我们希望能够为这些物品创造新的生命，同时帮助那些真正需要帮助的个人和家庭。

春季和初夏往往是许多家庭整理家居环境的时期，也是倡导“分享与回馈”的最佳时机。我们也希望通过这个项目告诉年轻人：公益并不一定需要庞大的资源或盛大的活动，有时真正有意义的改变，就始于一个看似微不足道的行动——整理衣柜、捐出一双闲置的鞋子，或者抽出几个小时参与志愿服务。而社区的积极响应，也让我们看到了：当大家共同参与时，微小的善意能够汇聚成巨大的力量。

携手合作，共建更有温度的社区

本次活动成功的重要因素之一，是与多个公益组织建立了合作伙伴关系。这些组织长期致力于将社会资源更高效地送达真正需要帮助的人手中。在本次活动中，占比最大的捐赠类别是衣物、玩具以及家庭生活用品。我们非常荣幸能够与公益组织 So What Else 合作，确保这些捐赠物资能够送达整个 DMV 地区有需要的家庭和社区。CYOC 志愿者们按照不同类别和标准，对数千件捐赠物资进行了认真分类和打包。活动结束后，所有募集到的衣物、玩具、书籍及家庭用品都被统一运输至 So What Else 进行后续分发。通过此次合作，志愿者们不仅亲身了解了公益组织如何在幕后高效地连接资源和需求，也深刻体会到：公益服务不仅仅是收集物品，更是建立有效的支持体系，让帮助能够真正抵达需要的人。

同时，我们也非常高兴与 Lift Every Step 合作开展鞋子捐赠项目。鞋子往往是容易被忽视的生活必需品，但它却直接影响着人们的健康、行动能力、学习以及日常生活质量。通过此次合作，我们共募集到125双鞋子，这些鞋子将被送往真正有需要个人和社区。每一双鞋子所承载的意义，都远不止是一件物品。它可能帮助一个孩子更舒适地去上学，帮助一位成

年人更方便地工作和出行，也可能只是为某个人带来一份生活中的温暖与尊严。

此外，我们还收集了50余副眼镜，包括近视眼镜和老花镜。良好的视力支持对于学习、工作以及日常生活都有着重要意义。我们也非常感谢所有捐赠这些珍贵物品的爱心人士。

青年力量在行动中成长

作为此次活动负责人，我认为整个过程中最令人欣慰的事情之一，就是看到学生志愿者们不断成长。很多人觉得公益活动看起来很简单，但组织一次大型捐赠活动实际上需要大量的规划和团队协作。志愿者们共同承担了活动宣传推广、捐赠时间协调、捐赠站点设置、物资整理与分类、数量统计和记录、物资搬运与运输，协助合作机构进行后续对接工作等。许多志愿者花费数小时搬运箱子、整理物品、接待捐赠者，并及时解决活动现场出现的各种问题。而最让我印象深刻的，不只是他们的辛勤付出，更是他们展现出的责任感和态度。他们表现出了领导力、耐心、团队合作精神，以及随时愿意帮助他人的热情。很多年龄较小的志愿者也第一次真正参与到公益实践中。他们亲眼看到，一个人的努力如何汇聚成团队的力量，也看到了志愿服务如何为社区带来真实而积极的改变。

超越数字背后的意义

尽管此次活动的数据令人振奋——46位志愿者、60多个参与家庭和小型企业、8000余件捐赠物资、125双鞋子以及50余副眼镜，但公益的意义远远无法用数字来衡量。因为每一份捐赠背后，都有一个温暖的故事：有家庭选择分享，而不是丢弃；有孩子捐出了自己曾经珍爱的玩具；有商家主动选择支持社区公益；也有学生志愿者牺牲周末休息时间，投入到服务中。正是这些微小却真诚的善意，连接起人与人之间的温暖，也让社区变得更加紧密。公益不仅仅是提供物质上的帮助，更是在培养责任感和同理心。当年轻人参与到这样的活动中时，他们会意识到：年龄并不是改变世界的限制，每个人都有能力创造积极的影响。

感谢每一位同行者

在此，我谨代表 CYOC，向所有参与本次活动的志愿者、家庭、捐赠者以及合作伙伴致以最诚挚的感谢。正是因为大家的支持与付出，才让一次普通的社区捐赠活动成为了一场充满意义的爱心行动，并将持续帮助更多个人和家庭。这次活动也再次提醒我们：当人们为了共同的目标而携手努力时，再微小的行动也能产生深远的影响。未来，随着 CYOC 不断成长，我们也希望继续为青年创造更多参与公益、锻炼领导力和服务社区的机会，将这份爱心和力量传递给更多的人。因为我们所捐赠的不仅是物品，更是在传递希望、连接人与人之间的温暖，共同建设一个更加有爱、更有温度的社区。

CYOC 2026 Summer Donation Drive: Youth in Action, Community in Motion

By Ruichen Feng, Donation Drive Leader, Capital Youth Outreach Club (CYOC)

On May 24, 2026, the Capital Youth Outreach Club (CYOC) successfully completed our 2026 Summer Donation Drive at Wootton High School. What began as a simple vision, encouraging youth and families to clean out gently used items and turn them into opportunities for others—grew into a community-wide effort filled with generosity, teamwork, and compassion.

This year's donation drive exceeded our expectations in every way. More than 45 student volunteers participated in planning, organizing, collecting, sorting, and transporting donations. We also received support from more than 60 families and local small businesses, who generously contributed items and helped spread awareness throughout the community.

Together, our community collected:

- More than 8,000 clothing items, toys, books and household supplies
- 125 pairs of shoes
- More than 50 pairs of eyeglasses

Every item represented much more than a physical donation! It represented care, kindness, and the willingness to help someone else.

Turning Small Actions into Meaningful Impact

The idea behind this project was simple. Many families have items sitting in closets, shelves, garages, or storage spaces that are no longer being used but remain in excellent condition. Instead of allowing these items to go unused or become waste, we wanted to create an opportunity for community members to give them a second life while helping individuals and families in need.

Spring and early summer are often times when families reorganize their homes, making it an ideal opportunity to encourage giving back. We hoped to show young people that community service does not always require large resources or major events. Sometimes meaningful impact begins with small actions: cleaning out a closet, donating an unused pair of shoes, or spending a few hours volunteering.

The response from our community showed us how powerful those small actions can become when people work together.

Strong Partnerships Strengthen Communities

One of the most important elements of this year's donation drive was our partnership with nonprofit organizations that specialize in distributing resources efficiently to people who need them most.

Our largest collection category included clothing, toys, and household necessities. We were honored to partner with So What Else to ensure these donations reached families and communities throughout the DMV region. CYOC volunteers carefully sorted and

packed thousands of donated items according to categories and quality standards. After collection and organization were completed, all clothing, toys, and household supplies were transported to So What Else for community distribution. This partnership allowed our volunteers to see how local organizations work behind the scenes to connect donated resources with real community needs. It also helped us understand that effective service is not only about collecting items, but also about building systems and partnerships that ensure support reaches people efficiently.

We were equally excited to partner with Lift Every Step for our shoe drive. Shoes are often overlooked necessities, yet they have an enormous impact on daily life. Proper footwear can affect health, mobility, school participation, and overall quality of life. Through our partnership with Lift Every Step, we collected 125 pairs of shoes, all of which will be delivered to individuals and communities that need them. Each pair of shoes represents more than just footwear, it may help a child attend school comfortably, support someone commuting to work, or simply provide dignity and comfort in everyday life.

Additionally, our eyeglasses drive collected more than 50 pairs of glasses, including prescription and reading glasses. Access to vision support can significantly affect educational opportunities, workplace performance, and everyday living. We are grateful to everyone who contributed these valuable items.

Youth Leadership in Action

As the leader of this donation drive, one of the most rewarding experiences was watching student volunteers grow throughout the process.

Community service often appears simple from the outside, but organizing a large-scale donation event requires planning and teamwork. Volunteers worked together to:

- Promote the event throughout schools and communities
- Coordinate collection schedules
- Organize donation stations
- Sort and categorize items
- Track inventory
- Load and transport donations
- Assist partner organizations with logistics

Many volunteers spent hours lifting boxes, organizing materials, greeting donors, and solving unexpected challenges during the event. What stood out most was not just their hard work, but their attitude. Students showed leadership, responsibility, patience, and a willingness to help wherever needed. Many of our younger volunteers also had an opportunity to experience community service in a hands-on way for the first time. They saw how individual

contributions become larger collective efforts, and they witnessed the direct connection between volunteer work and positive community change.

Although the numbers from this donation drive are exciting—46 volunteers, over 60 participating families and small businesses, 8,000+ donated items, 125 pairs of shoes, and 50+ glasses—the true impact cannot be measured by numbers alone.

Behind every donation is a story:

A family choosing to give instead of discard.

A child donating toys they once treasured.

A business deciding to support its community.

A student volunteer giving up part of a weekend to serve others.

These acts of kindness create connections that strengthen communities.

Community service is not simply about providing material support; it is also about creating a culture of empathy and responsibility. When young people participate in projects like this, they learn that they have the ability to make meaningful change regardless of age.

Thank You

On behalf of CYOC, I would like to sincerely thank every volunteer, family member, donor, and partner organization who made this event possible. Your generosity and support transformed a local donation drive into a meaningful community effort that will benefit many individuals and families. This project reminded us of an important lesson: when people come together with a shared purpose, even small actions can create lasting impact. As CYOC continues to grow, we hope to continue creating opportunities for youth leadership and community engagement. We look forward to building on this momentum and serving even more communities in the future.

Together, we are not simply donating items, we are sharing hope, strengthening connections, and helping build a more caring community. (未完待续, 接下期)

