



# CYOC BreezeWood Strings Bringing Joy and Inspiration to Our Community Through Music

By Jenny Yu (Founder and Chief Music Director)

Capital Youth Outreach Club BreezeWood Strings (formerly the CYOC Chamber Ensemble) is a group of middle and high school musicians from across the DMV area, including violinists, violists, cellists, and a bassist. Since our founding on September 1, 2025, we have been dedicated to bringing music into our community and sharing joy, creativity, and connection through every performance!

### Inspiring Youth with Music

One of our main goals is to inspire young children through music. Just like our BreezeWood Strings logo shows, we want to plant "music seeds" in young minds and help them grow. We believe that being exposed to music early can have a big impact on a child's development. Studies show that music can improve memory, focus, and coordination. When kids listen to or play music, they use different parts of their brain at the same time, like the parts for hearing, seeing, and movement. Over time, learning an instrument can help children build discipline, concentration, and a way to express their emotions. By introducing music at a young age, we hope to spark a lifelong love for music and healthy, positive habits!

Over the past few months, we have had the opportunity to perform at several local preschools, including CCACC Academy Daycare and Day Camp, Twinbrook Christian Daycare in Rockville, Rockville Child Development Center, and Little Genius Montessori School. These performances allow us to connect directly with young audiences and make music both fun and accessible!

At our preschool performances, we play a variety of pieces, including "Ode to Joy," "Golden" from K-Pop Demon Hunters, and several violin duets. We also include interactive activities such as sing-along songs and "guess the tune" games. These activities encourage participation and make the experience more engaging for young children! During these moments, the room often fills with laughter and excitement as children sing along to songs like "The Wheels on the Bus" and "Happy Birthday."

One of the most popular parts of our program is the "instrument petting zoo," where children are invited to explore, touch and try the

instruments themselves. This hands-on experience allows them to physically connect with music, which can increase curiosity and interest. Many children become excited about how the instrument sounds. Seeing their enthusiasm reminds us of how powerful music can be in inspiring the next generation.

### Culture Enrichment and Engagement in Community Service

We have participated in multiple community events such as the Little Sprout Cup Parent-Children Chinese Culture Event, So What Else Christmas Food Drive, CYOC Youth Spotlight Award Ceremony, Zhejiang University DMV Alumni New Year Gala, and Great Washington Youth New Year Gala. In total, we have reached more than 500 community members and inspired over 200 young children through music and interactive activities.



(12/06/2025, Little Dragon Parenting Club Chinese Culture Event)



(12/20/2025, So What Else Food Drive)



(01/19/2026, CYOC Youth Spotlight Award Ceremony)



(02/15/2026, Zhejiang University DMV Alumni New Year Gala)



(02/15/2026, Great Washington Youth New Year Gala)

These experiences are meaningful for us as performers as well. Connecting with young audiences and encouraging future musicians gives us a strong sense of purpose. They also remind us of how much our own parents have dedicated themselves to giving us the opportunity to grow up in a musical environment. Because of their support, we are able to experience the many benefits of music in our lives. Through our work, we are not only growing as musicians but also learning how to give back to our community in a meaningful way. At the same time, we have come to understand that music is not just a skill, but also a powerful social tool, as it brings people together and helps build friendships, sometimes even lifelong ones.

### Ongoing and Future projects

BreezeWood Strings is currently partnering with two nonprofit organizations, NeuroMotion and SEEDS (Special Education Equal Development Society), to work with neurodivergent kids through hands-on music activities and instrument exploration.

This summer, we plan to offer beginner music theory classes, ear training and sight-reading lessons, as well as MCYO/PVYO/local youth orchestra audition prep classes through one-on-one or small group sessions for 7-12 year olds. More opportunities are coming soon, so stay tuned!

### Join Us!

We are always happy to welcome new members to CYOC BreezeWood Strings. If you play a string instrument and want to share your love of music while making a positive impact to the community, we would love to have you join us. Please sign up here: <https://forms.gle/LwgQvFvBBHvf7bXr7>

### Support Us

We are incredibly grateful for the support from our community. Donations help us continue our programs, expand our outreach, and

bring music to even more people. If you would like to support BreezeWood Strings, please consider donating via Zelle to [CYOC.NPO@gmail.com](mailto:CYOC.NPO@gmail.com) with the note "For BreezeWood Strings."

With your generous support, we can keep sharing the joy of music and building meaningful connections in our community.

### 华府青年风林弦乐团 用音乐服务社区

作者: 于佳妮 (创始人兼音乐总监)  
中文校对: 元佳

华府青年风林弦乐团(原华府青年室内乐团)由来自 DMV 地区的初中和高中学生组成,包括小提琴、中提琴、大提琴和低音提琴演奏者。自 2025 年 9 月 1 日成立以来,我们一直致力于将音乐带入社区,通过每一场演出传递快乐、创造力和人与人之间的情感联结。

### 儿童音乐启蒙

我们的一个主要目标是通过音乐启发幼儿。正如风林弦乐团的标志所象征的那样,我们希望在孩子们的心中种下"音乐的种子",并让它们慢慢成长。

我们相信,早期接触音乐会对儿童的发展产生重要影响。研究表明,音乐可以提升记忆力、专注力和协调能力。当孩子们聆听或演奏音乐时,大脑的多个区域会同时被激活,包括听觉、视觉和运动系统。随着时间的推移,学习乐器还能帮助孩子培养纪律性、专注力,以及表达情感的能力。通过在孩子年幼时引入音乐,我们希望激发他们对音乐的终身热爱,并养成健康积极的习惯。

在过去的几个月中,我们有机会在多个本地幼儿园进行演出,包括美京博雅苑、Twinbrook Christian Daycare、Rockville Child Development Center, 以及 Little Genius Montessori School。这些演出让我们能够直接与孩子们互动,让音乐变得有趣且容易接触。

在幼儿园的演出中,我们演奏了多种曲目,包括《欢乐颂》、"Golden" (来自 K-Pop Demon Hunters), 以及多首小提琴二重奏。同时,我们还设计了互动环节,例如一起唱歌和"猜旋律"游戏,让孩子们更积极地参与进来。在这些时刻,教室里常常充满欢声笑语,孩子们会跟着《The Wheels on the Bus》和《Happy Birthday》等歌曲一起唱。

我们项目中最受欢迎的环节之一是"乐器体验角",孩子们可以亲手触摸、尝试乐器。这种亲身体验帮助他们与音乐建立直接联系,激发他们的好奇心和兴趣。许多

孩子会对乐器发出的声音感到兴奋,他们的热情也不断提醒我们音乐激励下一代的巨大力量。

### 文化交流与社区服务参与

我们参与了多个社区活动,例如小神龙亲子俱乐部的萌芽杯中华文化活动、So What Else 圣诞食物捐赠活动、华府青年之光颁奖典礼、大华府浙江大学校友新年晚会,以及大华府青少儿新年联欢晚会。通过这些活动,我们将音乐带来的欢愉以及承载的文化内涵普及给孩子们。

这些经历对我们表演者来说同样意义深远。与孩子们交流、鼓励未来的音乐爱好者,让我们获得了强烈的使命感。同时,这也让我们更加感受到父母为我们创造音乐环境所付出的努力。正因为他们的支持,我们才能体验音乐带来的诸多益处。

通过这些活动,我们不仅在音乐上不断成长,也学会了如何以有意义的方式回馈社区。同时,我们也逐渐意识到,音乐不仅是一项技能,更是一种强大的社会纽带——它能够连接人与人,建立友谊,甚至是一生的友谊。

### 正在进行的项目及未来计划

风林弦乐团目前正在与两个非营利组织合作: NeuroMotion 和 SEEDS (特殊教育平等发展协会)。通过乐器体验和互动音乐活动,引导支持特殊教育儿童。

今年夏天,我们计划开设针对 7-12 岁少儿的入门级音乐理论课程、听力训练与视唱视奏课程,以及 MCYO 面试准备课程(提供一对一或小组形式)。更多项目正在筹备中,敬请期待!

### 加入我们!

我们非常欢迎新成员加入 CYOC BreezeWood Strings。如果你是一名弦乐演奏者,并希望分享你对音乐的热爱,同时为社区带来积极影响,我们非常期待你的加入!

报名链接: <https://forms.gle/LwgQvFvBBHvf7bXr7>

### 支持我们

我们衷心感谢社区给予的支持。您的捐赠将帮助我们持续开展项目、扩大影响力,并将音乐带给更多人。如果您愿意支持风林弦乐团,欢迎通过 Zelle 向 [CYOC.NPO@gmail.com](mailto:CYOC.NPO@gmail.com) 捐款,并备注"For BreezeWood Strings"。

在您的支持下,我们将继续分享音乐的快乐,并在社区中建立更多有意义的连接。

