

Hong Dance School Brings Home World Championship Title and Celebrates Landmark Competitive Season

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<http://www.hongdanceschool.com>

马里兰州 Rockville & 弗吉尼亚州 Tysons —— 本赛季，梁红舞蹈学校迎来历史性突破，在新泽西州刚刚于7月31号落幕的世界顶级赛事——2025年世界舞蹈冠军赛中，首次斩获世界冠军殊荣(见证冠军时刻)! 此外，学校还荣获世界季军及另外两项世界前五名，圆满结束其建校15年来最辉煌的一届比赛季。

这支新晋世界冠军队伍由12位年龄在11至18岁之间的女孩组成，主要来自马里兰州 Montgomery 郡的各所学校。她们表演的现代舞大群舞作品《听海》，由学校创始人兼校长梁红亲自编舞，曾在今年春季先后荣获两个区域冠军。尽管在初赛时略有波折，勉强晋级决赛，但她们在决赛中的表现惊艳全场，舞蹈流畅，队形整齐，以几乎完美的配合征服评委，成功夺得世界冠军这一至高荣誉。

在爵士舞项目中，作品《Independence》由来自蒙哥马利郡和费尔法克斯郡的九位学生共同演绎，荣获世界季军。其中多位队员也是去年获得世界亚军的现代舞“如愿”原班人马，连续两年站上世界舞台领奖台，实力可见一斑。

本次赛事中最大的“黑马”来自现代舞作品《Wonderful U》。这支由9名蒙郡和费郡9至11岁的小女孩组成的队伍，仅在赛前三周临时组建，并在梁红校长的带领下进行高强度集训。她们所面对的组别共有43支世界各地的冠军队伍，竞争极为激烈。然而，凭借优美的编排和动情的演绎，小队成功晋级世界前五，震惊全场评委与观众。

另一支进入世界前五的队伍是全场最年轻的选手阵容，由17名年龄在7至12岁的蒙哥马利郡小学生组成。她们带来了中国民族舞作品《春风有信》，动作细腻、神韵生动，在竞争激烈的9至11岁大群舞组别中脱颖而出，再次为学校创造历史。

本赛季，梁红舞蹈学校以一项世界冠军和三项世界前五的佳绩圆满收官。2025全年，学校师生在各大区域及国家级赛事中共获得14项区域冠军、30余项前十名，佳绩频传，硕果累累!

关于梁红舞蹈学校

梁红舞蹈学校成立于2011年，目前在马里兰州 Rockville 和弗吉尼亚州 Vienna 设有校区，现有在籍学生超过200人，年龄范围从3岁到72岁不等。学校课程涵盖中国民族舞、芭蕾、现代舞、爵士舞、街舞、KPop、拉丁、国标、Zumba、旗袍等多个舞种，由一支由十位经验丰富、敬业负责的老师组成的教学团队负责授课。许多学生从4岁起开始学习舞蹈，一直坚持到高中毕业，并成功进入全美顶尖大学。学校也是本地艺术文化活动的重要参与者，常年受邀在社区文化节、各国使馆、公立学校和敬老院演出。

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Rockville, MD & Tysons, VA - Hong Dance School has soared to new heights this season, capturing its first-ever World Championship title at the prestigious 2025 World Dance Championship just finished in New Jersey on July 31 (See the championship moment!). Alongside this historic win, the school also secured a 3rd place World finish and two additional Top 5 placements, capping off its most successful season in its 15-year history.

The newly crowned champions are a group of twelve girls, ages 11 to 18, primarily from Montgomery County schools. Their large group contemporary piece, "Listening to the Ocean", choreographed by the school's founder and principal Ms. Hong Liang, had already claimed two regional championships earlier this spring. Despite facing early setbacks in the preliminary round, the team rebounded in the finals with a breathtaking performance characterized by fluid transitions and near-perfect synchronization—earning the highest honor on the world stage.

In the Jazz category, the routine "Independence"—performed by a team of nine dancers from Montgomery and Fairfax Counties—earned third place in the world. Several dancers in this group were also part of the school's 2024 team (lyrical routine "As Desired") that finished second, marking two consecutive years on the championship podium.

The biggest surprise of the event was "Wonderful U", a lyrical routine performed by a newly formed team of nine girls ages 9 to 11. Assembled just three weeks prior to the competition and trained intensively by Principal Liang, the team faced long odds in a division featuring 43 elite groups from around the world. Against all expectations, they advanced to the final five, stunning judges and audiences with their expressive movement and artistry.

The youngest group to place in the Top 5 featured 17 elementary school girls from Montgomery County, ages 7 to 12, who presented the Chinese folkloric piece "Spring Breeze Has a Message". Their graceful and spirited performance earned them a Top 5 finish in the highly competitive 9 - 11 Large Group category—another first in the school's history.

With one World Championship title and three additional Top 5 placements, Hong Dance School concludes its 2025 season with distinction. This year alone, the school's students and faculty earned 14 regional championships and more than 30 Top 10 finishes at leading regional and national competitions.

About Hong Dance School

Founded in 2011, Hong Dance School serves over 200 active students—ages 3 to 72—across its Rockville, MD and Tysons, VA campuses. The school offers classes in Chinese folk dance, ballet, contemporary, jazz, hip hop, K-pop, Latin, Ballroom, Zumba and more. Led by a dedicated team of ten experienced instructors, many students begin their training at age four and continue through high school, often advancing to top-tier universities. Hong Dance School is also a proud contributor to the local arts community, with regular performances at cultural festivals, embassies, schools, and senior centers throughout the DMV region.

