



CYOC 英语俱乐部义工心得

By: Chloe Tang



在这短短半年的时间里，每周与CYOC英语俱乐部的爷爷奶奶隔着屏幕相约的时光很美好。大家每周上课早早守候在屏幕前，在学习过程中的认真与坚持深深打动了我。虽然他们一开始在发音和词汇上有困难，网络有时延迟或操作不熟练，但丝毫没有影响他们的学习热情，他们执着的精神令我敬佩。这让我意识到，正像学无止境这一成语中说的这样，学习是不受年龄限制的，活到老学到老。这也成为我坚持担任助教的动力，我放慢语速，一遍又一遍不厌其烦地帮助他们练习发音，拆解单词和词汇的解释来帮助大家更好地理解。与其说是教课，正是类似跨越

语言的沟通学习，相互鼓励，让我更加明白倾听与耐心的重要性。最后，祝愿今后CYOC的线上英文俱乐部活动可以越办越好，帮助更多的爷爷奶奶学习英语，成为老年人和年轻人的沟通的桥梁。

From Yunnan to D.C.: A Journey of Connection By: Sophia Wang

Over the past few months, I've had the wonderful opportunity to participate in Friday meetings with students from Yunnan. Each week, we explored a variety of topics—

ranging from school life and family to pets, hobbies, and favorite movies. These conversations gave me a glimpse into what life is like in Yunnan, and I was fascinated by the cultural differences between their everyday experiences and mine here in the United States. At the same time, I was surprised by how many things we have in common. No matter where we come from, we laugh with our friends, talk about our dreams, deal with challenges, and cherish the things we love, like our pets.

This experience has changed the way I view people from other

countries. Before, it was easy to assume that someone living far away must be very different from me. But after spending time with the students from Yunnan, I've come to see that underneath the surface, we're all very much alike. These conversations helped break down those invisible barriers and made the world feel a little smaller and more connected.

One of the highlights of this experience was meeting our Yunnan friends in person when they visited Washington, D.C. in May. They wore beautiful traditional clothing and gave us a wonderful performance

that shared a part of their culture. It was a joyful and meaningful experience, and it made me even more curious about their lives back home.

In the future, I hope I will have the chance to visit Yunnan myself. I would love to see their hometown, visit their schools, and gain a deeper understanding of their daily lives and traditions. Building this kind of cross-cultural friendship has been incredibly rewarding, and I hope it continues to grow.

