



北京中医药大学美国中医中心
US Center for Chinese Medicine
Beijing University of Chinese Medicine

Chinese Medicine Health Lecture
中医健康讲座

Time: Eastern Time (ET): 09/28/2024 8:30 PM; Pacific Time (PT): 09/28/2024 5:30 PM

时间: 美东时间: 2024年9月28日晚上8:30; 美西时间: 2024年9月28日下午5:30

Zoom Meeting: https://us06web.zoom.us/j/82413370143?pwd=jbgTy43Vw3ECXKAD6EDWKnRl1naOR5.1

Meeting ID: 824 1337 0143 Passcode: 498339

Lecture Price: Free 讲座费用: 公益讲座 免费

Chinese Medicine in Chinese Character - Qi
文字里的中医 (中医与气)

Qi is a fundamental concept in TCM, which is believed to be the force that animates the body and enables all its functions. It flows through pathways in the body called meridians and is essential for maintaining physical, mental, and emotional health. Qi must flow smoothly throughout the body. Stagnation or blockage of Qi can cause pain and disease. 气在中医理论中至关重要, 内经有云: 夫百病之皆生于气也。



Lecture: Xuekai Zhang, PhD(UK), MD(China), L.Ac(MD, NY, PA, DC), Dipl. O.M. (NCCAOM)

Mainly engage in the clinical, teaching and scientific research of integrative medicine as well as acupuncture.

He got bachelor's degree of Acupuncture Moxibustion and Tuina (Shaanxi University of Chinese Medicine), master's degree of Integrative Medicine (Beijing University of Chinese Medicine), Ph.D. degree of Brain, Behavior and Mental Health (University of Manchester School of Medicine). After Ph.D. graduation, he has worked in Neurology department of Beijing University of Chinese Medicine Dongzhimen Hospital thus accumulated rich clinical experience in the field of Neurology, Psychiatry and Psychology.

He is good at using Acupuncture, Chinese medicine, and psychological counseling to help various diseases. Specifically include various pain, such as acute and chronic pain; mild neuropsychiatric disorders, such as various cerebrovascular diseases, mental-psychological diseases, sleep disorders, cognitive dysfunction, motor dysfunction, etc. He has published more than 40 academic articles.

主讲人: 张学凯, 北京中医药大学美国中医中心主任, 美国马里兰州、纽约州、宾夕法尼亚州、华盛顿特区注册针灸师。主要从事中西医结合、针灸的临床、教学与科研工作。

陕西中医药大学针灸推拿专业本科, 北京中医药大学中西医结合专业硕士, 英国曼彻斯特大学医学院脑、行为与心理健康专业博士。博士毕业后回国在北京中医药大学东直门医院神经内科工作, 在神经-精神-心理领域积累了丰富的临床经验。擅长应用针、药、心理疏导调理多种疾病, 如各类急慢性疼痛, 脑血管病及后遗症, 各类轻型精神-心理疾病, 睡眠障碍类疾病, 认知功能障碍类疾病, 运动功能障碍类疾病等。发表各类学术论文40余篇。

报名方式:

- 1. 电话: 240-403-7946 2. 微信 3. Email: usccmbybcm@gmail.com

温馨提示:

- 1. 讨论期间请大家用文字提问, 老师用语音回答, 希望大家积极踊跃参与讨论
2. 请实名参与 zoom meeting

中华堂中医馆
● 中医门诊 ● 针灸 ● 中药 ● 推拿 ● 刮痧 ● 拔罐 ● 中医养生
中医内科: 心脑血管疾病、肠胃病、肝胆病、过敏、哮喘、妇女痛经、月经不调、不孕、乳腺病、更年期综合征、性功能障碍、慢性疲劳综合症、失眠、头痛、抑郁、等。
针灸推拿科: 面瘫、偏瘫、四肢瘫、全瘫、小儿脑瘫、中风后遗症等; 腰痛、背痛、坐骨神经痛、颈肩综合征、网球肘、膝痛、扭伤、运动伤害、车祸后康复治疗、养生穴位推拿等。
中医美容: 雀斑、黄褐斑、粉刺、酒渣鼻、脱发、减肥、等。
中药: 针对每一位病人的病情定制配方。 中医养生保健
受理多种保险, 自费优惠 精治车祸伤害
预约电话: 202-818-9161 www.AmericaTCM.com
诊所地址: 8935 Shady Grove Ct, Gaithersburg MD 20877

首都中医针灸
Capital Acupuncture & Herbal Care
陈智松 博士
预约电话: 301-820-2528
接受 CareFirst, Aetna, Cigna, United Healthcare 以及车祸工伤等保险
地址: 波城/洛城 8818 Tuckerman Ln, Potomac, MD 20854
盖城/德国镇 4 Professional Dr. #110, Gaithersburg, MD 20879
位于 I-270 .355 大道边上, 大中华超市, Costco, 大华超市 (99 Ranch Market) 之间, 交通停车方便。
www.chenmac.com

医生专版
Illustration of medical professionals in various settings.

北维精锐牙科中心
Premier Dental Arts
竭诚致力于您和家人的口腔保健及美齿需求
余璠 牙医博士
Fan Yu DMD, MS
\* 成人儿童, 牙科全科, 牙科急诊
\* 补牙拔牙, 根管治疗, 各种假牙
\* 牙齿漂白, 烤瓷贴面, 美容修复
\* 人工植牙
\* Invisalign 齿列矫正 (Certified Provider)
\* Zoom! 冷光美白
\* 最新数码 X 光片 (减少 90% 辐射照射量)
\* 全新严格牙科消毒设备
免费咨询, 精细诊疗, 无痛亲切服务
接受多种牙科保险及 MEDICAID, 无保险者有特价
4001 Fair Ridge Drive #303 Fairfax, VA. 22033
(近 Fair Oaks Mall, 位于 Fair Oaks Medical Building 三楼, 免费停车) www.fairfaxdmd.com