



# 2024, CYOC 将奋马扬鞭, 勇毅前行!

By Edward Wang

2024年1月21日下午,我们的CYOC (Capital Youth Outreach Club) 在PCC (Potomac Community Center) 举办了2023年总结暨2024展望的团建活动。

本次团建活动由大专连吕萍会长、李传明会长等各位领导牵头, CYOC 本届组委会组织、协调并举办。这次团建活动是大家万分期待已久的, 在前两天还大雪纷飞、活动当天如此天寒地冻的情况下, 活动信息一经群里发布, 很快得到众多CYOC成员及家长的积极响应, 准备时间之匆忙, 但参与人员之众多, 也是超出很多人的预料。

当天下午还未到约定时间, 很多成员及家人都陆陆续续带着自己精心准备的食物来到现场, 以POTLUCK的形式, 摆满了桌子, 有各家homemade的各地特色美食如南京盐水鸭、香喷喷的红烧肉、烤排骨, 也有restaurant order的北京

烤鸭, 甚至还有王会长带来的“巨无霸”式的“寿司船”, 还有各种西式甜点、水果、汤品等等, 让与会的每一位都美美地饱餐一顿。

大家边享受美食, 边听CYOC主席总结2023年工作报告, 会场时不时响起一阵阵掌声。一年来, 时不时地组织一个个活动, 大家感觉不那么明显, 但通过主席的总结介绍, 才清晰地知道我们这样一个组织一年来仅仅是队伍就发展壮大了很多, 2023年同比过去一年会员几乎增加了100%, 注册会员人数已接近300人。举办或参与了丰富多彩的社区活动, 有美国独立日parade活动、有各种送温暖活动、有各种捐赠活动、有亚太月传统活动、有参观休克创伤中心及马里兰急救中心直升机队指挥中心活动、有各种论坛交流及各种形式的文化交流活动、有大专连同心欢乐新年晚会暨小吃会活动、黑山烧烤活动等等等等, 这些活动在给我



们社区服务地同时, 我们的会员在这些活动中得到或组织或协调或领导或沟通能力的提升及友情升华的同时, 也获得了2200多个小时的SSL Hours, 这些良性的循环也将促进我们的CYOC会更加的壮大, 同时也意味这我们会承担着更多的社会责任和社区服务的任务。

主席汇报完工作后, 还有负责CYOC媒体宣传的负责人汇报工

作, 以及各特色主题活动的总结报告, 主要有Joseph的Gardening以及沈子童的Basketball Camp活动。在Joseph介绍的园艺主题活动中, 有选种、准备、日常维护及丰收等环节, 特别像我们CYOC这个组织, 从2018年成立到现在, 已经快6年了, 由最初的“种子选手”成立, 期间经历了疫情的三年困难时期, 但都没有磨灭大家的热情, 在各位领

导的热心关怀下, 在各位组织者的努力维护下, 各位成员紧紧围绕在CYOC这个大家庭, 大家不抛弃、不放弃, 心齐且志坚, 历经了各种锻炼、磨练、锤炼, 我们初心如磐, 我们坚定信心, 稳固团队, 迎难而上, 一往无前, 以后会有更加令人神往的“大丰收”!

大家在PCC会场济济一堂, 热闹且热烈的讨论着, 憧憬着, 每个人的脸上都挂满了笑容! 这次团建活动特别像一个大家庭年底聚会一样, 还有最后的李会长给与会每个成员都发了可爱的红包也像大家长给每位家庭成员发红包一样, 让大家感到更温暖的同时, 心也更加凝聚在一起!

过去的一年, 我们有付出, 有收获, 有创新, 有突破, 有感恩, 有温暖, 有欢乐, 有汗水……回望过去, 我们厚积薄发, 放眼未来, 我们奋马扬鞭, 勇毅前行!

(Photo taken by Dechun Feng)



## 华府青年俱乐部-青年人的主场 记2023年华府青年年会

作者: Jennifer Zhang

窗外白雪皑皑, 寒风凛冽, 窗内暖意融融, 欢声笑语。2024年1月21日下午, 在热烈而温馨的气氛下, 2023年度华府青年年会顺利召开。

华府青年俱乐部是青年人的主场, 是青年人在俱乐部组织者的帮助和扶持下, 自由发挥各种潜能的活动平台。通过此次年会, 各位华府青年们又一次大展身手。

在活动开始前, 各位小义工就积极配合来布置会场, 安放桌椅、挂灯笼、贴横幅、摆放食物, 忙得不亦乐乎。在大家的共同努力下, 一个年味十足的活动现场跃然展现! 参会的家长们精心准备了各种特色美食, 如春卷、北京烤鸭、糖醋小排、各类凉菜和甜点, 令人食指大动, 充分体现出了活动的包容性。其中最令人惊艳的是一个寿司船, 气势宏大, 寿司种类丰富齐全, 受到了大家的一致喜爱。

在享受了各种特色美食之后, 华府青年俱乐部的会长, 第一个上台, 简述了华府青年俱乐部的建立和成长历史, 一路走来有艰辛也有困难, 但更珍贵的是如今的成就和规模, 还有坚守初心的意志。其中着重介绍了俱乐部在2023年组织的各项义工活动, 可谓精彩纷呈、

硕果累累, 让大家对华府青年俱乐部有了全新的理解和期待。然后, 华府青年俱乐部的副会长详细讲述了他组织的蔬菜种植活动, 活动新颖、价值非凡、内容翔实、讲述风趣, 赢得了大家热烈的掌声。接着, 媒体报道的组织者上台代表所有组织成员作年终总结, 简介了本小组的职务与成果, 落落大方, 侃侃而谈。随后, 篮球活动组织者也对他组建的篮球活动进行了详细的介绍, 诚邀大家积极参与。最后特邀嘉宾对俱乐部参与的义务捐赠活动进行了总结, 并给予高度评价。年会的高潮是给去年表现优异的青年义工的颁奖活动, 每一张奖状都来之不易, 都凝聚了各位优秀义工的心血与坚持, 这不仅是对青年义工的成绩的肯定, 也是对新义工的鼓励。拍照留影时, 每一位普通却不平凡的义工身上皆熠熠生辉。

回顾2023, 展望2024, 华府青年年会在热烈的气氛中, 成功举办! 在所有Advisors和华府各个社区的支持下, 相信华府青年俱乐部在新的一年里一定会给青年人提供更多的机会, 让青年人在自己的主场发挥潜能, 创造出更多的奇迹!

## Celebrating Success and Community Impact: CYOC's Retreat Marks a Year of Achievements and New Partnerships

By: Peishi Yu

On January 21, 2024, the Capital Youth Outreach Club (CYOC) had a retreat at the Potomac Community Recreation Center. This event celebrated the achievements of the CYOC and welcomed in a new year of innovation, achievements, and hope for CYOC. This event was attended by many important figures, including CAAGW president Ping Lu, CAAGW president designate Chuanming Li, CAAGW Vice Presidents Li Zhang and Yan Sun, CYOC PVSA advisor Tao Chen, and CYOC general secretary Yuxiang Xie. The event kicked off with a potluck party full of scrumptious food ranging from noodles to braised pork to an enormous sushi boat.

In the midst of the laughing and fun, the CYOC's volunteers reviewed the past year's achievements. First of all, George Xie, the CYOC's president, summarized the volunteers' diligent work. CYOC currently has 286 people, which is a 170% increase from last year. This shows how the CYOC has a huge impact in our community, which has been rapidly growing. CYOC has opened up a new website, Cyoc.club, which provides a place for journalists to publish their writing and for CYOC

events to be recognized and celebrated. CYOC now has an Instagram page, making a bigger impact with the rise of social media. CYOC has had an impact in the community over the past year, organizing and participating in over 16 events. Through these events, 37 hardworking volunteers won the President's Volunteer Service Award (PVSA). The CYOC's volunteers have attained over 2000 volunteer service hours in the past year.

Next, Jennifer Wan, the CYOC's vice president and the editor-in-chief of the newspaper, recaps the achievements of the journalism and multimedia team. The team came into place in May of 2023 after careful selection, and had a team of top-notch journalists, photographers, and video producers. In this year, the journalists wrote a total of 37 articles, 5 of which were front-page headlines, on 9 main events. This shows how big of an impact CYOC has on many people.

Next, Joseph and Phillip proudly represent the CYOC gardening project's leaders Haifeng Qian and Fang Zhang. CYOC volunteers grew vegetables throughout the year, and donated them to families in need. This shows how

CYOC volunteers can and will make an impact on their communities.

Finally, CYOC's basketball camp was introduced, with many volunteers teaching and making an impact. This shows how CYOC volunteers can use their abilities to help other people achieve their dreams.

CYOC has already done so much to help the community on its own, but now it has a partner! CYOC and So What Else are now official partners, helping donate and collect many items and sending them to families in need.

All good things must come to an end, but this moment was preserved in history forever with the final group photo taken of the CYOC volunteers. I would like to end this article with a quote from Lao Tzu. "A journey of a thousand miles begins with a single step."



(Photo taken by Peishi Yu)